

## NEWS FROM THE SCHOOL:

Dear Parents, The Steiner Waldorf Schools Fellowship has commissioned ITN productions and Channel 4 presenter Penny Marshall to put together a short film highlighting the strengths of a Steiner Waldorf education. The film crew will be in school this Wednesday 26th May in the morning only and will be taking footage of the school in general as well as going into a handful of previously selected classrooms. The video will be available both on the SWSF and RSSKL websites when finally put together. If you have any objections to your child being part of this film, please do let us know asap, preferably by email to either priya@rsskl.org or info@rsskl.org. Many thanks. Priya Mahtani (For the Communications Group).

**Parent and Child Group leader** - required from September 2010. You will need to be a qualified Steiner/Waldorf teacher with experience of Early Years. You will need to create nourishing, relaxing and supportive group sessions for parents and children aged 0 – 3 years for two afternoons x 3 hours. This will be a temporary post initially. Interested? An application pack can be obtained from Reception. Closing date: Monday 7 June 2010. Carol Langley  
**The School is committed to safeguarding children and young people. All post holders are subject to a satisfactory enhanced Criminal Records Bureau disclosure.**

**School Clothing Line** – the new Summer Range of RSSKL T-shirts and Polo shirts is now available, please see Barbara at reception for the full range available. Carol Langley.

Please come and collect your **LOST PROPERTY** before half term! The basket will be left outside the school entrance this Friday 28<sup>th</sup> May. Steffi Cook.

## What's Coming Up:

### Events coming up:

**PTFA Clothes Sale tomorrow Tuesday 25<sup>th</sup> May 7pm!** (Catwalk starts 7.30pm) Presented by Wardrobe Mistresses – High Street brands (River Island, Top Shop etc.) and other unusual pieces all at **discounted prices. Our models include Sabine Alkema, Eva Binamu, Upper School pupils Grace Silliton, the Harding Sisters and Bryony Purse** – do not miss!! Tickets from Steffi Cook or on the door (£7/£5 to include a drink and snacks).

### MIDSUMMER/ST JOHN'S FESTIVAL SAT/SUNDAY 19<sup>th</sup>/20<sup>th</sup> JUNE 2010

The Midsummer/St John's Festival this year is taking a new format. The Upper School will be having an evening event with a fire on Saturday 19th June (details to follow). The Sunday festival will start 12 noon (as before) with country dancing and Maypole dancing. There will be lots of activities and games between 1 and 3pm when a St John's fire will be lit. At 4pm Class Eight will perform their play 'The Roses of Eyam'. We need your help! Anyone wanting to get involved in organising and selling ice creams, cream teas, strawberries and cream, homemade lemonade, or any other refreshments (light lunches and teas and coffees will be served in the Dining Room) would be welcome to raise some funds for their class. Please speak to Steffi, Nicky, or Anna so that this can be co-ordinated.

### Thought for the Week

It is not how much you do, but how much love you put in the doing.

Monday 24 May	7.30pm PTFA Meeting Staff Room – ALL WELCOME!
Tuesday 25 May	7pm PTFA Fashion Show and Clothes Sale – Cat Walk at 7.30pm followed by clothes sale. Tickets on the door.
Wednesday 26 May	8pm Sustainability Group 8pm Class Three Parents' Evening Anna Swann 8pm Class Eight Extra Parents' Evening re: foreign languages
Friday 28 May	7.30pm KLC Recital violin and piano music by Tchaikovsky, Beethoven and Brahms given by Jonathan Lee and James Cheung.
Saturday 29 May	7.30pm Film Club: Indigo Revolution

## Film Club

INDIGO CHILDREN. Are you interested in this subject matter? The well-known documentary "Indigo Revolution" will be shown this Saturday May 29<sup>th</sup> at 7.30pm with special guest speaker Mary English, an Indigo children expert. The PTFA.

**The Singing Child, July 24 – 28, Stroud, GLOUCESTERSHIRE.** New and Creative Approaches to Singing in Schools

- o Develop Free, Expressive, Confident Singing for Teachers and Children
- o Discover New Holistic and Creative Methods for Teaching Songs
- o Learn all about Children's Singing Development & the Changing Voice in Adolescence
- o Explore a Wonder-full Range of Songs - and much more ...

This Course will inspire all those people involved in Children's Singing including:

> Class & Pre-school Teachers > Music & Singing Teachers > Education Students > Parents. It is appropriate for people with all levels of musical experience. For all enquiries - and for a leaflet - please ring 01666-890460 or email: [info@tonalismusic.co.uk](mailto:info@tonalismusic.co.uk) .

Alternatively, for a pdf leaflet please use this link to our website pdf page

[http://www.tonalismusic.co.uk/PDF\\_leaflets.html](http://www.tonalismusic.co.uk/PDF_leaflets.html)

## Community Notices and Adverts

- **Admin assistant / Girl Friday** wanted to help me with natural health business / website. Self employed approx 2 days a week. flexible hours. Good computer skills, organisational skills, good telephone manner essential Great perks including free organic products! Email

[janey@imperfectlynatural.com](mailto:janey@imperfectlynatural.com) 01923 267445

- **Room wanted!** Do you have a spare room? Or do you know someone who does? It could be bringing in extra income! We are looking for a room to rent near school for one of us and our daughter until we can move into the area.

Please contact Helena at

[Helena@eHart.eclipse.co.uk](mailto:Helena@eHart.eclipse.co.uk) or telephone 01296 711083. Many thanks.

### - **KINGS LANGLEY RUNNING CLUB**

Improve your fitness and start running! Running sessions with personal trainer Karen Kurlansky. Every Sunday morning from 10.30am – 11.30am at Primrose Hill Park, Kings Langley. Come and join us in the weekly running club. No previous running experience is necessary. All levels welcome – don't be shy! It's a great way to keep fit and exercise with other people. For further information and to book please contact Karen on 07970 824118

- To all you lustrous women - Come to a **Full Moon Gathering on Thursday 27th May, 8pm.**

'If you shoot for the stars and hit the moon, it's ok. But you've got to shoot for something. A lot of people don't even shoot'. (Confucius). We will reach for the stars and enjoy our wondrous selves. To book a place or to find out more please contact Rose Maher, Brennan Healing Science Practitioner, [rosemaher@hotmail.com](mailto:rosemaher@hotmail.com) or Tel: 01923 269670. Place: The Meeting Room, 36 Langley Hill. Cost £10

- **Bike for Sale**, suits ages 6-10. £50. Please phone Bruni 07989 674144.

### - **Free Biodynamic Massage!**

Do you have a friend who would be interested in being a practice client for me to work on?

Biodynamic Massage is an extremely powerful form of body-based psychotherapy and I need a practice body to commit to 6 sessions over 6 consecutive weeks as part of my assessment process. (All sessions will be on Wednesday evenings from 8.30pm for 1 hour only, except week 2 which will be on a Tuesday). Ideal dates, Wed 2nd June, Tues 8th June, Wed 16th, 23rd & 30th June, Wed 7th July), but could be some flexibility around dates if need be. Sessions will take place at my home in KL and are free.

(Qualified practitioners typically charge £50 per hour. See [www.lsbp.org.uk/](http://www.lsbp.org.uk/) for more details about the massage). Only criteria is that you need to be committed to all 6 sessions (completed over a maximum 10 week period) and you also need to be somebody I have not met before and don't currently know at all! Please do give me a ring if you have a friend you can suggest or would like to be a practice client yourself! Priya Mahtani Mobile: 07909 991321 or email [priya@mahtani.com](mailto:priya@mahtani.com)

### - **GORGEOUS GARDEN NEEDS HELP!**

My garden's beauty is currently hidden under high grass and many weeds!! Is seeking some tender loving care from somebody who loves a challenge. Ideally would like some help this week or next and I am happy to pay reasonable rates or offer an exchange for transformative massage and bodywork, Lomi Hawaiian healing massage. Please call Priya on 07909 991321 or email on [priya@mahtani.com](mailto:priya@mahtani.com) if interested.

- **FREE** – Ikea single bed frame. Can be viewed 5 mins from school. Please contact Jane 01923 267558 or 07740 291271.

- **HEALING SESSIONS** with Rose Maher, Brennan Healing Science Practitioner. Kings Langley. Energy healing is a chance to relax and let go. Over time, clients report an improved quality of life and well-being. This work is as beneficial when you are well, as when you are in need of rejuvenation. To book a session or to find out more. Email - [rosemaher@hotmail.com](mailto:rosemaher@hotmail.com). Tel: 01923 269670. Sessions last approx. one hour and cost £50.

- **Tennis for Half Term, 31<sup>st</sup> May to 4<sup>th</sup> June.** Mon-Fri, Langley Tennis Club will be holding a **Tennis and Sports Camp** suitable for girls and boys aged 4 upwards. Location: High Woodhall Lane, King's Langley, HP3 8RW. For further information call **01442 230234**. Email: [info@langleytennis.com](mailto:info@langleytennis.com).

- **Steiner House**, NW1: WHERE DOES MUSIC TAKE US? I.Houston, May 25th, 7.30pm. KNOW THYSELF, P.Martyn, and INTRO. TO MODERN ASTRONOMY, Dr F.Spaan, both on May 30th, 2-5pm. CLIMATE CHANGE AND THE ELEMENTAL KINGDOM, S.Raven, June 1st, 7.30pm. THE FIFTH CHAMBER OF THE HEART, Frank Chester from S.Francisisco, June 3, 7.30pm. METAMORPHOSIS, A.Patten, June 4th, 7.30pm. EXPERIENCING 12 ZODIAC GESTURES AS PICTURE OF SOCIAL LIFE, H.Zimmermann, June 6th, 7 pm. REAPPEARANCE OF CHRIST IN THE ETHERIC, D.Lowe, fortnightly Fridays at 5.15 pm from May 21st. Other weekly classes on R.Steiner's teachings. [www.rsh.anth.org.uk](http://www.rsh.anth.org.uk), 0207-723 4400.

- **Go-Karts**, two age 6 to 15 years. (Kettle make) £30 each. **Trampoline** 8 foot £15.Call Mary-Jane 01923 263 404

- **Mothers and Daughters Workshop** on Sunday 13th June in Kings Langley with Amrita Hobbs - experienced facilitator from Australia, works in lots of Steiner Schools. Only spaces for up to 12 mother and daughter (age 10-12) pairs. For more details contact Tamara Donn on 01923 260050 or email [info@womantomother.co.uk](mailto:info@womantomother.co.uk) and see Amrita's website [www.amritahobbs.com](http://www.amritahobbs.com)

- **Tai Chi & Chi Gung** - Powerful and gentle exercise to quieten a busy mind and relax a tense body. First class is FREE. Fridays 1.45 – 2.45pm in Chipperfield. Mondays 6.30 – 7.45pm in Apsley. For more information call Michael Richards 01923 262260 mob 07788 630097 e-mail [info@taichiteambuilding.co.uk](mailto:info@taichiteambuilding.co.uk)

- **Local Organic Co-op.**Join the Organic Co-op that buys wholesale from 'Infinity Food' every fortnight. Delivery comes on Thursdays and is free for collective orders over £200. You can find catalogues in the school reception or go to [www.infinityfoods.co.uk](http://www.infinityfoods.co.uk). The next order needs to be sent to Haim by 31 May. For enquiries and orders : [info@moresouth.co.uk](mailto:info@moresouth.co.uk) (subject - Co-op).

- **And the winner was.....**

... the favourite Organic Pizza topping at the RSSKL Open Day was the 'Mediterranean Vegetable' beating Sausage & Pesto and the Margherita by a long shot. What fun we had rolling out, and putting the pizzas into the wood burning pizza oven that has been built in the school grounds by Haim and Mischa.

MoreSouth, organic mediterranean catering now has a website- [www.moresouth.com](http://www.moresouth.com).

Please note that the Local Organic Co-op is also run from [info@moresouth.co.uk](mailto:info@moresouth.co.uk).

- We are looking for a ½ size cello. If you can help we would be happy to consider purchase or hire or we have a ¾ cello that we would be prepared to part exchange Please contact Kirstie or Graham Te ; 01923 262008

- **FOR SALE** - Toyota Ipsum (Picnic) 2.0 GX 5dr Automatic Estate P-reg, 99,200 miles. Car year of manufacture is 1996, but imported from Japan and first registered in UK in 2002. 7 seats, remote locking, parking sonar, privacy glass, electric windows and folding mirrors. A/C equipped but need repairing. Otherwise in GOOD CONDITION and drives really well!!! MOT till 23rd July 2010 and TAX till 31st July 2010. £800. Pro Power lay flat home gym. Hardly used. Argos Cat no 335/3541. £80. Reebok XL Power Lift Basketball system. Used but in good condition. Model #51521. £100. Other items on sale include: Bikes from £10, Shelves from £10, High sleeper bed, £50. ALL ITEM PRICES NEGOTIABLE. Photos of all items on: [http://www.flickr.com/photos/moving\\_from\\_watford/](http://www.flickr.com/photos/moving_from_watford/) Please call 01923 350949 if interested.

The newsheet is published on Mondays, copy deadline Friday 4pm. Sales of goods or services are £3 per advert per week and must be paid for with the advert. Email [info@rsskl.org](mailto:info@rsskl.org) with your ad or drop it into the office. The school newsletter is a forum for many different members of the community, and views and opinions expressed are not necessarily those of the school. **Have a good half term! The next newsletter will be issued on Tuesday 8<sup>th</sup> June as I am away on Monday 7<sup>th</sup> June.** Steffi Cook.